by Taking Lydia E. Pink-

ham's Vegetable

Compound.

Logansport, Ind. — "My baby was over a year old and I bloated till I was

told my husband to get me a bottle of

Lydia E. Pinkham's Vegetable Com-

pound and I would try it before I would

Write to Lydia E. Pinkham

Medicine Co., (confidential) Lynn,

Mass. Your letter wil be opened,

read and answered by a woman

ORANGE.

60th Birthday.

being a pleasant surprise to Mrs. Nel-

son in honor of her 60th birthday. In

and held in strict confidence.

all my work and feeling fine.

a burden to myself.

I suffered from fe-

male trouble so I

could not stand on

my feet and I felt like millions of

needles were prick-

ing me all over. At

me that all that

would save me was

an operation, but

this I refused.



### Topics of the Home and Household.

under the children's plates, and save the a variety as possible: tablecloth.

To keep the chair legs from scratching varnished floors, glue a piece of heavy cloth on each leg.

In case grease is dropped on the kitchen floor, scatter soda on it and then pour boiling water over it.

is firm, clear and white; mutton with large cup with dates and figs, cut in flabby or yellow fat has been in cold small pieces, and walnuts and blanched storage too long.

Pewter is again to the fore. If you have any available pieces, assemble them, and if necessary repair and polish sink to the bottom of the mold. Serve day them. The most artistic pieces of pew- on a platter, and garnish with whipped ter, says the Washington Herald, are cream and cherries. those which were designed when the makers of it were least conscious of the art revealed, thinking more of the dura-bility and appropriateness to the pur-used at any time of the year is always pose of the articles than of their decora- acceptable. Two-thirds cup minute tap-

metals, and often an individuality entirely their own.

### Attractive Desserts.

Cut squares of white oilcloth and put and at the same time to give as much of cup sugar, one egg, two yolks of eggs.

not as inexpensive as some of the desserts given, it is highly satisfactory as or pineapples makes this a more elabwhen so desired. desired. Two packages lemon Jell-O, one-balf cup sugar, one lemon, one cup figs, dates and nuts, 12 cherries, one-

half pint cream for whipping. To Jell-O, add a quart of boiling wa ter, juice of one lemon, and half a cup of sugar. Stir, and pour into a mold that When buying mutton see that the fat has been rinsed in cold water. Fill a baby boy, born Friday, July 31. almonds, chopped. To this mixture, add last week, is now in a very critical con-cherries, cut in halves. When the jelly dition. has cooled for about 20 minutes, add the fruit, and as the jelly hardens, stir every few minutes, so that the fruit will not

> Pineapple Tapioca-The other fruits in this recipe bring out the flavor of the

Tutti-Frutti Jelly-Although this is spoonful vanilla. something rich and elaborate is lorate dessert.

tive qualities. Thus they have a grace loca, three cups cold water, juice of one a party of of line not often seen on more showy orange, juice of one lemon, one tea- Woodbury.

ROUND TRIPS

BARRE

To the Following Points and Return by Telephone

Augusta ...... \$0.80 Buzzazrds Bay ... 1.35 Northampton ..... .80 Littleton ...... .30
Rener 1.15 Clinton ...... 80 North Attleboro ...... .105 Manchester ...... .60

Waterville ...... 90 Marlhoro ...... 90 Dover ..... .65 Newport .....

 Massachusetts
 Milford
 .95
 Franklin
 .45
 St. Albans
 .35

 Ayer (Jc.)
 .75
 New Bedford
 1.25
 Keene
 .55
 St. Johnsbury
 .25

 Boston
 .90
 Newburyport
 .80
 Laconia
 .50
 White River Jct
 .25

Rates to Some Other Large Cities:

Albany, N. Y. . . . \$1.25 Buffalo, N. Y. . . . 2.75 Montreal, Que . . . \$9.70 Pittsburg, Pa. . . . \$4.00 Atlantic City, N. J. 2.75 Chicago III. . . . . 5.50 New York, N. Y. . . 2.00 Poughkeepsie, N. Y. 1.50 Baltimore, Md. . . 3.00 Detroit, Mich. . . . 4.00 Philadelphia, Pa . . 2.50 Washington, D. C. 3.25

The Message and Answer Included in One Low Rate

THINGS WORTH REMEMBERING

You can learn the cost at the termination of your message by asking the Toll Operator who records

When you leave your office or your home, tell your associates where you are going and your toll call

6. If you can't find the number in your directory, you can call for the party wanted by giving name

7. If the person wanted has no telephone, we will try to arrange to call him to a pay station, if the call-

You can obtain rates from any place by asking the Toll Operator. No charge for such a call

These toll rates are for the initial period of three minutes, excepting where otherwise stated.

1. You will not be charged on such a call if you do not get the person for whom you ask.

You can talk about 100 words per minute—the average speed of a telephone message.

Bar Harbor ...... 1.45 Fall River ...... 1.15

Biddeford ...... .65 Franklin ...... 1.00

Dover ...... 1.05 Great Barrington .. .90

 Ellsworth
 1.35
 Greenfield
 .70

 Gardiner
 .80
 Haverhill
 .75

 Houlton
 1.55
 Holyoke
 .90

 Lewiston
 .70
 Hyannis
 1.35

 Portland
 .70
 Lawrence
 .75

2. You can make a toll call from any telephone.

er will pay a small additional charge for messenger service.

the details of your call.

 Rockland
 1.00
 Lee
 80
 Berlin

 Rumford
 60
 Lowell
 75
 Concord

Bringswick ......

Brockton ....... \$1.00 North Adams ..... \$0.65 Lancaster ...... \$0.35

New Hampshire .

Middleboro ...... 1.15 Exeter ......... 75 Rutland ......

Plymouth ...... 1.15 North Conway ....

Taunton ..... 1.05 Portsmouth .....

Wareham ..... 1,25 Woodsville ...... 20 Winchendon ..... 65

...... 55. Burlington ......

Peterboro .....

Vermont

Bellows Falls .... .50

Bennington .....

poonful of sparkling gelatine, twohirds cup sugar, one and a half cups pineapple juice, one cup of shredded pine-

Soak gelatine in three tablespoonfuls cold water. Cook tapioca in the three cups of water until clear. Add to tap oca the softened gelatine and sugar When slightly cooled add the fruit juices and when beginning to thicken add the shredded pineapple. Mold in fancy shaped or border mold and serve witi

whipped cream. Ginger Cream-Here is a new and most delicious recipe for a ginger des-sert. The cost is slight and the quantity serves six persons. Four ounces pre-served ginger, three eggs, one pint milk, one-half cup sugar, one tablespoon gela-

Take milk, beaten egg yolks, sugar, and two tablespoonfuls syrup from gin-ger, cooκ all together until thick, strain, add gelatine dissolved in a little cold milk and stiffly beaten whites of eggs. Beat until it thickens, add four ounces of preserved ginger, cut fine, stir and put in a mold to thicken. Serve cold

with whipped cream.

Lemon Cream—It is seldom that one finds anything so nearly a substitute for a frozen dessert. This unusual recipe will make a quantity to serve eight persons. One pint milk, two eggs, four ta-blespoonfuls sugar, salt, one-half teaspoonful lemon extract, one package lem-

Beat two tablespoonfuls of sugar, yolks and salt. Stir the Jell-O slowly into the boiling hot milk. Add yolks, sugar and salt, and boil as a soft custard. Remove from fire. Beat the whites and remaining sugar and add to custard. Flavor. Pour into rectangular Set away until firm. Serve in

slices like ice cream. New Snow Pudding—The discovery that cornstarch may be substituted for gelatine in this dessert may prove a very useful bit of information to many like manner? housekeepers. One-quarter cup corn starch, one-half cup sugar, one-quarter teaspoonful salt, two eggs, white only, one lemon, juice only,

Mix starch, sugar and salt thoroughly. Add cold water gradually until mixture will pour, then add two cups boiling water and cook five minutes. Cool while Attractive Desserts.

beating whites of eggs. When stiff add
the lemon and cornstarch mixture, a lit-Modern Priscilla, which has been con- the at a time and beat light and smooth ducting a favorite recipe competition. Mold in a cake tin and cut into inch An attempt is made to select the most square cubes. Serve with a boiled cus unusual, practical and economical ones, tard made with one pint milk, one-half one-eighth teaspoonful salt, one tea-

The addition of sliced oranges, banan

Dorothy Dexter.

## EAST CALAIS.

Mr. and Mrs. Walter Eastman are rejoicing over the arrival of a healthy name is Curtis Otis.

Mrs. Mary Bliss, who suffered a shock Mrs. Mary Maxham, who has been

returned to her home in Worcester Frt-

for a week or two. Mr. and Mrs. Frank Emery are mov-

ing into the Frank Dwinell tenement Mr. and Mrs. Charles McKnight and to be on the gain. party of friends are camping at Lake

### Barre, Mrs. Ernest Corwin of Chelsea, George E. Sanders and family left for A. B. Coffrin and family and Mr. and pond Monday, where they are to Mrs. Albert Church of Barre,

are visiting friends in town.

Mrs. Ward Luce and daughter of White River Junction and Mrs. Irman Hill and children of Barre are visiting at Herbert Clark's,

### WAITSFIELD.

Mrs. Mary Berry returned Saturday night from a visit to relatives in Montpelier and Waterbury.

Wesley Tucker and family spent Friday in Warren. A party consisting of Misses L. Jean Bisbee, Eva-Annie Bisbee, Messrs, R. D.

Bisbee, Howard Long, and Dr. Freeman are spending several days on Camels Miss Marion Niell is clerking in W. E.

Jones' store for a couple of weeks. Mrs. Perrin B. Fiske of Fairlee is vis

ting relatives in town. Miss Lydia Bigelow of Lowell, Mass., s the guest of her brother, A. W. Bige-

Miss Annie Dale, accompanied by her ousin, Miss Smith, spent the week-end

A party consisting of Mrs. M. B. Jones, Irene, and Ellen Joslyn spent Saturday pected to poll the full strength of that in Morrisville, making the trip in Mr. wing of the party which has not wan-McLaughlin's and Harve McAllister's dered after false gods.

Mr. and Mrs. John Thompson and children of Woodstock are visiting relatives

Mr. and Mrs. George Atwood and children of Woodstock are visiting Mrs. George M. Jones.

# RESINOL STOPS

How This Wonderful Ointment Ends Itching and Heals Skin Ereptions.

The soothing, bealing medication in Resinol Ointment and Resinol Scap centrates every tiny pore of the skin, clears it of impurities, and stops itch-ing instantly. Resinol speedily heals exems, rashes, ringworm, and other eruptions, and clears away disfiguring pimples and blackheads, when other treatments prove a waste of time and

Resinol is not an experiment. It is a doctor's prescription which proved so wonderfully successful for skin troubles that it has been used by other loctors all over the country for more

than eighteen years. No other treatment for the skin now before the public can show such a record of professional approval. Every irruggist sells Resinol Ointment (50c. and \$1), and Resinol Soap (25e.); but or trial size, free, write to Dept KK. Resinol, Baltimore, Md. Look for the tilue package and avoid worthless "sub-

### WOMAN REFUSES WILL DELAY **OPENING OPERATION**

Tells How She Was Saved Panama Canal Not to be Opened Until War Is Over

> GOVERNMENT GLAD IT IS NOT READY

last my doctor told At Time When It Would Bring Many Difficulties

Washington, Aug. 4 .- The great Eurosubmit to any operation. He did so and ean war now just beginning, will delay I improved right along. I am now doing he opening of the Panama canal. The "I hope other suffering women will try fact that the canal is not yet opened is your Compound. I will recommend it to all I know." - Mrs. Daniel D. B. the cause of satisfaction here, so long as the country is not at war and not going Davis, 110 Franklin St., Logansport, Ind. to war. If it were open in a vast inter-Since we guarantee that all testimonational struggle there might be difficulnials which we publish are genuine, is it ties arising in connection with the pasnot fair to suppose that if Lydia E. Pinkham's Vegetable Compound has the sage of vessels through it which would give this country much trouble, anxiety, virtue to help these women it will help and possibly might lead us into compliany other woman who is suffering in a cations. It is therefore certain that the If you are ill do not drag along until an operation is necessary, but at once take Lydia E. Pinkham's Vegetable government will be in no hurry to open

The attitude of the government is one of calm alertness and determination to make every preparation possible for the financial fortification of the United

It is not a question of armies with this country, but of dollars and cents. The administration feels that it is its business to see that the people of this Mrs. Adella Nelson Surprised on Her country and its financial institutions are injured as little as possible by the terrific blows which are going to be struck should be the children's time, and, above finished and was about replacing it on Mr. and Mrs. Roy Nelson entertained relatives of Mrs. Adelia Nelson of Barre at credits in the world's international all, they should be kept interested and the shelf Jimson stepped up to her at their home last Thursday, the affair marts,

At the same time the utmost concream and cake were served, and the even- ment preparing to extend a helping hand ing was pleasantly spent with music and to American tourists abroad, with Conguests departed at a late hour wishing tion of admitting foreign ships to Amerinursing at the home of W. J. Coates, were Mrs. Benjamin Tucker of Tuncials here consider the situation is well bridge, Mrs. Louise Blanchard of South in hand.

f need be. It is apparent that if Eng. Or, perhaps, another of the children land gets into the war and controls the shows a knack for handling animals, in sea there will not be for any great lengt" which case let him learn how to milk, Mrs. C. O. Peake has been seriously of time any difficulty in sending exports and teach him something about dairy-ill for the past week, but is reported abroad. If this country can get rid of ing; but, above all, be his confidente and its products it will be in excellent shape, companion, and he will respond like a don't like?" One of the plans seriously discussed is plant to water. Mrs. C. D. Badger and two sons of the project of the government going into the shipping business and having government. ment-owned craft carry cargoes. Mrs. Bert Crockett and son of Boston conversion of certain naval auxiliaries into merchant craft, it is believed by teric continuous and the country professor for when some thinking men in Congress, may become a wise move.

### POLITICAL TEST COMING.

Three States to Hold Senatorial Primaries-Kansas Campaign Interesting.

and September which, before many of the daily life. them have taken place, will indicate accurately whether the Progressive moveas the Republican managers are saying other fruits and vegetables as the case it is. The Kansas campaign is of particular interest, for Senator Joseph L. helpful books written to stimulate inrespect of both.

typifies all that is rampant in Progres- two readers for children between eight sivism and yet, when it appeared that and 12; "Farm Life Readers," books four whoever else might be elected, a Pro- and five (Silver, Burdett & Co.). Now Mr. and Mrs. Alton Ralph of Boston cided to trust his political fate to the quires a real interest, and "keeping up were guests at A. W. Bigelow's Satur-Republican voters of his state. He is with Jane" in summer time means therefore running as a straight Republi- study and work on the part of parents; can. His chief opponent is former Sen- but the results more than repay all Mrs. Caroline Todd, Misses Louise and ator Charles Curtis, who never has been effort. anything but a Republican and is ex-

### MARSHFIELD.

There will be stereopticon views of bird life at the grange, Wednesday evening. Aug. 5. Admission to lecturer's be an interesting and instructive even- Indians said would restore power and ing and it is boped there will be a large attendance.

The ball game Saturday afternoon rewith a score of seven to three. Misses Josephine and Katherine Mc- found it. His remedy, composed of heal-Carty of Montpelier have been spending vegetable oils from France, has inng a few days with Mr. and Mrs. G. E. deed given them back the health of

C. C. Robinson is spending a few weeks with relatives in Canada.

Sunday night. There was a lawn party at B. L. Camron's recently for the benefit of the Red Cross Pharmacy. Adv.

Willie Ritchie has returned from Eng-Ritchie cleaned up about \$30,000 as his share of the fight against Freddie Welch at London last month. Ritchie will meet Welch some time in the near future and is fully confident that he will naster the Briton on that occasion.

Peter Clemens is once more one of the leading batters of the New England league. The Portland player is bitting the pill at a vicious clip, but will prob ably not calist as many stolen bases this season as he did last, when he led the league in this department. Clemens formerly played at Westerly, R. L. high school and Hardwick academy.

## PIMPLES SPREAD ON I BODY AND FACE

Never Had Night's Rest. Clothing Irritated Eruption and Pained. Used Cuticura Soap and Ointment. Didn't Have One Pimple Left.

6 Myrtle St., New Haven, Conn.—"My skin itched on my body and face which made me scratch and after I stopped scratching

the skin remained very red. Hard little pimples also came out where I scratched. I never had a night's rest and as I continued scratching the pimples spread and got worse. After a month white points appeared on them. My cloth-ing irritated the eruption on my body and gave me pain. Many nights I did not sleep; I could not move in bed for if I did they got worse.

many kinds of cintment but they did not help my trouble. It was all money lost. I then sent for a free sample of Cuticura Soap and Ointment and after I had used them felt a little better so I bought more. I bathed in hot water and the Soap morning and night, afterwards dried and applied the Ointment. After three months' treat-ment I didn't have one pimple left." (Signed) Miss Rose Consiglo, Apr. 2, 1914

Samples Free by Mail Although the Cuticura Soap and Ointment are most successful in the treatment of affections of the skin, scalp, hair and hands, they are also most valuable for everyday use in the toilet, bath and nursery, because they promote and maintain the health of the skin and hair from infancy to age. Sold everywhere. Liberal sample of each mailed free, with 32-p. Skin Book. Address post-card "Cutleura, Dept. T. Boston."

### INTERESTING THE BOYS AND GIRLS

By E. K. PARKINSON

tion: "Now what can I do?" These her brows would contract at some acsame early questioning years are the important ones in which to exert the right ers her face would take on a benign influence, if the girls and boys are to grow up with an affection for their book was a short one, and the lady homes and towns. The summer months read it at one sitting. When she had

busy. It is a very busy time, of course, and, bowing, deferentially said; At the same time the utmost confidence is felt here. With Secretary Mc- but with a little patience the youngsters the town, with nothing to do. I am the evening a large party of friends and Adoo in New York conferring with bank- can be fitted into the general scheme of unfamiliar with the books in this lirelatives gathered to extend their best wishes. Dainty refreshments of ice emergency currency, with the governinstance, if the head of the house goes you if you would recommend me to town daily, take the lad along and something to read." visiting. A lovely ring was presented to be through to Mrs. Nelson by her children and various other presents from others. The Vreeland act, and to consider the questions are designed by the consideration of the different breeds, and their especial uses. If one of the children is Mrs. Nelson many more happy birth- can registry, and with early organization interested in poultry, make a deal with Those present from out of town of the federal reserve board in sight, offi- him by which \$10 capital is advanced, it? hold shall be supplied with fresh eggs But there is to be more than this done for five cents less than the market price

Girls should be encouraged to do that toric costumes, or interesting themselves she could have made Donald Kimball in pictures of the well-known painters, happy and saved him from drink? for in some states photos of celebrated Then there's Edward Atkinson, the paintings may be borrowed for the asking. Out of doors there are many interests, such as the flowers, poultry, bees, little ducks, and the young live stock, to be made absorbing to them. A rock-garden can also become a wonder-Washington, Aug. 4.—Senatorial prifully intelligent study, with all its va-maries will be held to-day in Kansas, ried plants. Bird lore is another fasci-Missouri and Oklahoma. They are the nating topic in summer, while in winter first of a batch coming along in August caged birds aways add great interest to Boys' and girls' agricultural clubs are

being formed now, with prizes for the ment is as weak throughout the country best car of corn or can of tomatoes, or Bristow is a candidate for renomination, terest in the young for outdoor life, some and the vote cast for him may be useful of the new ones being: "Harper's Book in demonstrating whether a man can flit for Young Gardeners" (Harper Brotharound between the two factions of the ers); "Soils and Crops" (Orange Judd Republican party and still retain the Co.), written for the young, between the ages of 14 and 16; "The Principles of Bristow is a radical of radicals. He Agriculture" (Macmillan & Co.), besides

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### Ponce de Leon Failed; His Prize Is Found

Ponce de Leon, the daring explorer, ing. Aug. 5. Admission to lecturer's searched among the swamps of Florida hour for visitors, ten ce nts. This will for the fountain of youth, which the make people young. He did not find it. Thousands of chronic intestinal, bowel and stomach sufferers have written sulted in a victory for the home team to Geo. H. Mayr, 154 Whiting street, Chicago, in quest of health, They

youth. Why suffer from indigestion, gases on veeks with relatives in Canada. the stomach, fainting spells, torpid liv-A. T. Davis and family took an auto er, constipation and all the evils of a trip to Rochester Saturday, returning disordered stomach when there is relief here! Mayr's Wonderful Stomach Remedy is now sold here by "Russell," the

## Ready Help

in time of physical trouble caused by indigestion, biliousness resulting from torpid liver, inactive bowels, is always given, quickly, certainly, safely by the most famous of family remedies

Largest Sale of Any Medicine in the World.

## An Ingenuous Criticism

By F. A. MITCHEL

Jimson, an author, having done more scribbling than was good for his health, was ordered by his doctor to go into the country. He chose a small town called Hollywood because there was a library there, and if he was forbidden to write he could at least read, which was not what his doctor intended at all. He wished his patient to be out of doors-walking, driving, boating, and the like.

Jimson went into the library as soon as he reached Hollywood. It was a small affair, and he had read most of the books it contained, but there was that in the atmosphere of the place which attracted him, and he would rather read a book he didn't like than none at all. He had finished writing a novel before leaving home and had brought a copy with him, which he deposited in the library.

One day while he was sitting at a table intended for those who wished to read in the library with a book before him the silence of the place was broken by the entrance of a woman. She had a quick step and a piquant look about her. Going to the shelves containing Sction, she cast her eye rapidly over the books and at once pounced upon Jimson's novel. Evidently she had exhausted the shelves and recognized a new book the moment she saw It. Being in a hurry to get at it, she took a seat by a window. and began its perusal.

This interested Jimson very muchindeed, more than the book he was reading. An author is hungry for criticism, and he watched the young lady as she made the pages fly, satis-With the closing of the public schools fied that his production was making a once more, comes the child's great ques- profound impression on her. At times expression when perhaps a character was showing some heroic trait. The

"Fiction, history, travel, philosophy

"Fiction. I have noticed that you have been absorbed in a book you were reading. Could you recommend

Jimson was quite taken aback by this, but he recovered himself and

"I am surprised, from the interest you appeared to take in it, to hear you say that. What is there about it you

"The characters."

"What's the matter with them?" "Well, there's Margaret Lee. What most perfect fop I ever heard of. It seems to me I can see him now prancing along, the conceited puppy, thinking himself the most splendid fellow in the world. Old Mrs. Perkins, who was forever worrying over that boy of hers because he wouldn't wear an overcoat or rubbers, was a fool. She would declare that he shouldn't have another cent of spending money for a week, theu give him a five dollar bill for a football. She was spoiling the boy."

"How did you like the hero?" "The hero! I would just like to get hold of that man! He aggravated me more than any character in the book. Why, if he made love to me as he did to Alice Lonsdale I'd-I'd"-

"What would you do?" "I'd stick a pin in him!" "I suppose these persons will immediately pass out of your mind now that you have finished the book."

"Not at all. I shall remember them always. "What for-their general cussedness?"

"Oh, I don't know! I suppose so." "Thank you very much for your information. I don't think I'll read the book after your description of it." "I certainly wouldn't.".

Jimson wrote his publishers that be had got an ingenuous criticism on his novel. He didn't think the book would go. Persons who read it would not be likely to recommend it to others.

The next day be went to the library again and while reading looked up at an entrance.

"There's that little fool who criticised my book," he said to himself. She nodded to him as she passed,

went to the fiction shelves and took down a book. Jimson, who was watching her, was astonished to see that it was his novel. She sat down with it and was soon as much absorbed in It as the day before. Jimson went up

to her and said: "Why, I thought you didn't like that book!"

"I don't." "But you are reading it a second time. Why do you do that?" "I want to read about all the ridicu-

lous things those people did." Jimson wrote a second letter to his publishers. It was this:

You needn't send me any more reviews of my novel. I think I have an inkling why people read such stuff, and I don't bee Heve critics have.

In the August Woman's Home Companion Fannie Heastip Lea writes a story the course of which she describes surfiding as it is practiced principally by Hawaiians. Mahogany-colored boards are used, and the trick consists of going out carrying these boards and then riding in through the surf to the above in a standing position. The difficult thing to do is to maintain one's standing position on the board while cushing toward the shore on top of the surf by the force of the waves.

# VERMONT TELEPHONE AND TELEGRAPH CO.